

# Arab-American History Month



## Lola Matthews (5<sup>th</sup> Grade)



There are so many Arab-American people that have helped with philosophy, medical care, and science, yet we don't tend to learn about those people in Arab history.

The first person I am going to talk about is Ibn Sina. I'm sure you haven't heard of him, which is weird considering that he wrote an encyclopedia with all of the known medical knowledge of his time. Ibn Sina was also one of the first people to test medicine systematically, which means using a pre-planned system to test the safety, efficiency, and quality of a medicine.

Another Arab-American historical pioneer is Michael DeBakey. DeBakey was a Lebanese Cardiac surgeon who made very important breakthroughs, such as developing and then solidifying the first grafts. aortic aneurysms or bulging and weakening in the main artery.

Khalil Gibran was a very famous writer and poet most known for his book *The Prophet* which is a collection of poems talking in detail about the words and teachings of Almustafa (who discussed things like love, marriage, work, joy, sorrow, and death).

The last Arab- American figure I am going to talk about is Jacques Nasser, who is a Lebanese American former CEO of Ford Motor Company. Even though he isn't dead yet, he is definitely going to make history because of his empowerment towards Arab people. Having someone that is a part of an underappreciated group, such as the Arab people, in a large leadership role can be very empowering.

Ultimately, I wanted to help us learn about Arab- Americans because that is not a topic that comes up a lot in schools. A lot of people who are minorities often are overlooked for their major accomplishments. In fact, sometimes, people in the majority take credit for their discoveries! So instead of overlooking these people we can look into the invention and figure out who actually deserves the credit.



# All About Breast Cancer

Lola Matthews

(5<sup>th</sup> Grade)



I'm sure that a lot of people know someone who has gotten diagnosed with cancer. Some people with cancer are survivors and some unfortunately lose their lives to this terrible chronic disease. I am going to focus on breast cancer. There are many types of breast cancer that all spread in different ways.

Most types of breast cancer involve tumor like masses. A tumor is a lump of abnormal cells clumped together. Tumors can be benign (not cancerous) or malignant (cancerous). Breast cancer can start in many places but how it starts no matter the place is when cells in the breast tissue grow abnormally large.

Breast cancer can appear in men and women, but is a lot more common in women.

For some people the tumor can be detected by X-rays and biopsies. If the tumor is small it can normally be removed by a simple surgery, usually not needing chemotherapy. Lots of times, when people hear about people with cancer, they think that their hair is going to fall out and others will make fun of them. This is NOT always true. Chemo is the medicine that kills the cells (if they are spreading) that are too small to see. Chemo is also the medicine that makes you sick and can cause your hair to fall out.

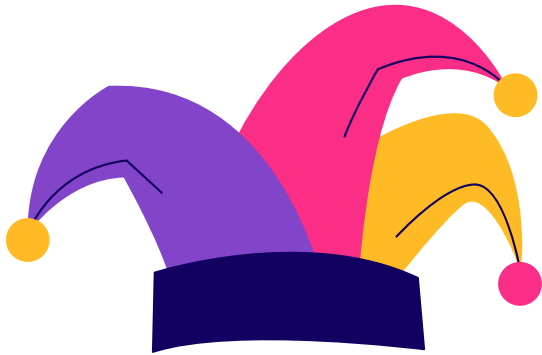
If the tumor is large then that normally means the tumor was found later on and the treatments will be harsher. One of the treatments before surgery is Neoadjuvant Chemotherapy, this is used to shrink the tumor. The next treatment is Lumpectomy and some surrounding tissue is removed (if possible) after the shrinking of the tumor. The other surgery that can happen is Mastectomy this is when the whole entire breast is removed.

In conclusion I wanted to teach whoever is reading about breast cancer. I think that being educated about these topics can help prevent stereotyping and any hurtful comments. Many cancers can be caught early with preventative care.

Make sure to encourage adults in your life to have regular doctors visits, especially if cancer runs in your family.

# History of April Fools Day

**Arya Kapp  
(5<sup>th</sup> Grade)**



**April fools Day is a fun day with pranks that occurs on April 1<sup>st</sup> annually. Look out for jump scares or food swaps, which are common pranks people pull. You may even bite into an oreo with toothpaste filling! Gross!**

**April fools day started long ago, when a jester named Felix the First made a mistake. He accidentally put on the royal calendar that April 1st was New Years Eve. A few minutes later he realized what he did but decided to keep it on the calendar as a funny prank. The prince happened to be walking by just as the jester was saying his idea to himself. The prince thought it was funny and decided to pull a prank of his own on the jester. (No one knows what prank he pulled though.) Once the rest of the royals figured out the jesters' mistake/prank later that day they decided to start playing pranks on each other. From then on every April 1st people would play pranks on each other.**

**(Late) April Fools! The jester story was just a... PRANK!**

**The true story of April fools day, is somewhat of a mystery. No one is one hundred percent sure what started this holiday. Many people assume that the origin story started in 1582 when France decided to start using the Gregorian calendar instead of sticking with their original Julian calendar. On the Julian calendar in France people would celebrate the new year in March or April but some people refused to accept the change in calendars or didn't hear about it. Because of this people would still celebrate the New Year in April or March. Those people would get made fun of and get pranks played on them. Then, April fools day was born.**

**(P.S that story was true)**

**Now that you have heard me blab about the history of April fools I will tell you some pranks for next year. For starters if you and your family eat cereal you could put blue food dye in your milk and your parents will think your milk has gone bad. A prank that commonly happens on April 1st is the Whoopie Cushion. Another prank that commonly happens is the oreo swap. Here's what you need to do. First you need to get an oreo and take out all the filling. Next you'll need to fill the inside with shaving cream or white toothpaste filling. Now just give it to a family member and wait for their reaction. You should also give them an oreo with real filling afterwards just to be nice.**

**These are just a very few of the millions of pranks out there. I hope you learned all about April fools. Now what pranks are you going to pull a prank on your friends and family?**

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# Creative Story

## Marabel Barrett

### (5<sup>th</sup> Grade)

Everything was dark, not a single sound disturbed me. Until I opened my eyes and everything was very bright. I am probably in my room, I thought. But when I struggled to my feet, and had a real look around, I realized I was on top of a hill, but not a hill on Earth. I looked up from my feet and saw trees on hills that were all different colors, elephants that were hairy, birds (typical), and... dragons?! "Augi! Are you here? Do you have a bone for me to chew on???" A deep voice called from beneath my legs. I looked down and saw Wintson, the Basset Hound, talking to me.

"Ahhhhhhhhhhhhhhhhhhhhhhhhhhhh!" I screamed.

"Bro, I'm not a hairy elephant," Wintson exclaimed.

"But... dogs can't talk!" I say.

"This dog can."

"Okay... but DON'T say bro," I say sternly.

"Okay bro," Wintson says.

"Ugh!" I turned around and saw that Stella and Olly were there with me too.

"Augi, Olly? Are you there?" Stella said.

"Present," I mumbled.

"Do you have some fooodooooood?" Wintson questioned.

"Taco Dinosaur," Olly replied.

"What? Who said, 'Do you have some food?'" Stella asked, confused.

"I did!" Wintson said.

Stella looked down and shrieked.

"Please don't do that. I've had enough yelling for one day," he said, gesturing to me.

"Wintson?! You can talk?" Olly said, still looking into the distance.

"Yeah, bro."

"Olly, what are you looking at?" I wonder.

"Our new home," Olly replied.

"Huh? What do you mean? I got a note saying that this is our new home."

"I got a note too, but it was a warning," I said.

"Me too, it said to look for the royal palace," Stella responded. I think for a moment. This is strange, we all got a note, but it said something different in each of our notes.

Then I had an idea. "Hey guys, let me see your notes. I think I have an idea." They handed me the notes and I examined them. Olly's note said, Queen the to go. Stella's was just a warning.

**"When I got this note I was totally confused," Olly said, still staring off into the distance.**

**"Bros, is it not obvious to you? It's, 'Go to the Queen,' duh!" Winston said like he knew everything.**

**"Wait... Winston! That makes total sense!" I crouch down and give him a big hug.**

**"Guys! We need to travel to the Queen! Maybe she will transport us back home!"**

**I jump around in circles just thinking about going home. Olly and Stella exchange uncertain glances, but Winston was jumping up and down like a frog.**

**"Okay," Olly finally said, looking away from the horizon. "But, don't we need supplies?" I think about this. We do need supplies for the long journey.**

**"Maybe we can find a town nearby," I suggested.**

**"Sure, but let's get some rest first," Stella said.**

**"Okay," I respond. We all collect some hay that smells of cotton candy. All of us settle down and eventually I can hear the soft snoring of all of my friends. I sigh. I know it will be a long time before I can return home, but I'm ready to face what This 'Dark Shadow' dude has planned for me. As I drift off into sleep I take in the soft humming noise of the hairy elephants and the cool breeze on my cheeks.**

**I jolted up from my sleeping place and looked around. I was still in the same place I was yesterday. I sighed. It's going to be a long day. I stood up and brushed off the cotton-candy hay and I started looking for a stream to get some water. I looked around the grassy land and spotted a blue pond. I sprinted to the pond and plopped down. I saw a balloon-shaped plant and decided to fill it up with water. After that I headed back to the camp.**

### **One Week Later...**

**After miles and miles of walking for one week, we finally reached a forest that had shady spots all over the path we were taking to go and look for the queen.**

**"Ugh! Bro's, how many more miles!" Wintson complained. He had been complaining for such a long time, it felt like he was the god of complaining.**

**"We can stop at that tree," I suggested. Everyone looked relieved to have finally taken a break on our long expedition. We settled down under a shady Willow tree and started to eat some of the edible cotton candy grass we found while passing through a field of wild Potato-Mango birds.**

**"So, how much longer do we have to travel until we are at the queen's palace," Stella asked while munching on the cotton candy grass we found.**

**"I have no idea," Olly said while examining a piece of dung we found while traveling through an abandoned amusement park. In the park there were really weird animals, old popcorn ( we decided not to eat it ), and we felt the presence of the dead.**

**"Maybe we can choose a different-" I was cut off by a rustle in the bushes. All of us turned around, but Wintson. He was barking at his butt.**

**"Stay where you are," said a mysterious figure under a mask. The strange figure pulled out a sharp needle and stabbed it into our arms. It felt like a shot. But, before I could say anything I fell into a restless sleep.**

When I woke up a bright fire was crackling in front of me. Above the fire were some Potato-Mango birds.

"Hello, sleepy head," said the mysterious voice. I looked up and saw that the mysterious person was a boy around my age with shaggy black hair and he looked like he was from Europe with just one look at him. "I heard from your friends here that you are looking for the queen." I looked over and saw that Winston, Stella, and Olly were awake.

"How can we trust you?" I snapped at him, a little more harsher than I meant to sound.

"Augi, he is really nice. He says he can lead us to the queen," Stella insisted.

"But, how do you know your way to the queen?" I asked curiously.

"I have these two guys," he pulled two furry things out of his back pocket-eyebrows! "These are the MicFurrys. They help me with everything and this is Spike." He gestured to a sleeping baby Braceasures.

"And who are you?" I asked suspiciously.

"My name is Dave," says Dave.

"Well, Dave, what is the benefit for you?" I asked.

"I will see my family again," Dave said sadly. He explained to us how he got here in the first place. It turns out that he was actually a normal kid then a tornado took him away from his parents when he was 4 and now he is stuck here.

"I'm so sorry," Stella said.

"Sorry to interrupt your conversation, but we better get to sleep if we want to make it to the queen's palace," MicFurry #1 said while gesturing to

Stella and Dave. They both blushed and turned away. After a few more minutes we all settled down to go to sleep.

"How much longer?" Complained Winston.

"Not much longer now!" Spike said while she headed off to meet with Dave and Stella. Everyone is tired after traveling for a whole day; without any breaks! We all sigh as we turn another sunny corner. It was such a hot day and I felt like the devil was raining fire down onto my body on purpose.

"We can take a break here," said MicFurry #2. Everyone sighed with relief and settled down.

"We only have a few more miles to go!" Said Dave, relief washing over his face.

"Thank the Potato-Mango birds!" Stella said. While settling down next to Dave. It seemed like they were growing closer by the second and Olly seemed a little jealous of them. After a few more minutes we all set off again to go and hopefully find the queen's palace.

3 hours later...

"We're here!" The MicFurry's shout echoed across the round dome over the place.

"Yes!" Dave shouted "Time to go and see my family!"

"Let's go!" I yelled. I zoomed across the big open space to the front doors. I stopped when I saw a moat surrounding the castle.

"How will we get across?" Olly asked.

"I... I have a magic water stone that will help us cross," Dave said reluctantly.

"Wow!" Everyone drooled over the stone.

"I have a stone, too. A fire stone," Stella said looking down at her shoes.

"And you didn't tell us?!" I yell. I was so mad at Stella all of a sudden. No wonder she and Dave are so close! They both have stones. "Let's go and forget about this."

We all clamber into the moat where a path that Dave made awaited us. As everyone filed into the palace my anger started to drift away as it turned into curiosity. "Wow," I whisper.

**"Come on, chumps!" We'll miss the queen at her tea party if we don't hurry!" Says MicFurry #1. We all follow the MicFurry's into the Ball Room to find the queen sitting and drinking tea at a long table with other queens.**

**"Um... Your majesty? We all have come to talk to you," Spike says. The queen turned around slowly and a scowl spread across her face as she looked at all of us thoroughly.**

**"What do you want?" Snarled the queen.**

**"We, um, we wanted to know if you would send us home. Back to Earth," I say boldly.**

**"We all really want to see our families. A lot," says Dave. All of a sudden I felt bad for him. As I look at him and Stella, I realize they look almost exactly the same. I look at the suspiciously and then draw my gaze back to the queen to hear what she had to say.**

**"Hmm... let's see... Nope! I'm done with children in this kingdom," the queen sighs. "Counselor!" A skinny man scurries into the room with a pen and paper.**

**"Yes, your majesty?" The counselor said.**

**"Send a note to my whole kingdom that no more human children are allowed here."**

**"Right away, your majesty." And with that the counselor was off.**

**"Well, I need to decide your punishment," the queen pondered. "Oh, yes! You are sent to jail for the rest of your lives! Guards! Throw them in the dungeon." Two strong-looking men came up and hauled all of us onto their bodies and went to go and throw us into the dungeon.**

**Later...**

**"What will we do now?!" I said. Everyone just shrugged.**

**"Let's tell each other secrets! I'll go first," offers Winston. "I eat poop!"**

**"Well... I like to salsa dance," Spike said.**

**Dave and Stella exchanged a glance and then Stella said, "Dave and I are siblings." Everyone looked dumbfounded. No wonder they both look the same and have stones- wait! Stella can use her fire stone to get us out of this jail cell!**

**"Stella! Use your stone to burn through the caged window! Then we can all climb out!" Everyone looked at me with hope on their faces. Stella sat up and lifted the stone to the window. Fire blazed out of the pinkish-redish stone and soon it cooled off and all of us could climb out. As we all climbed out Olly said, "Nice thinking, Augi!" As everyone just started complimenting me a tornado came and swept us all up from the ground and everything turned black.**



# Spring Allergies

## Voss Kronen

### (4<sup>th</sup> Grade)



**Feeling sneezy? Eyes watering? You might be suffering from spring allergies. Spring in Colorado is a great time to get outdoors, but many people experience increased allergy symptoms this time of year as plants begin blooming. Some common allergy symptoms are:**

- **Nasal Symptoms:** Runny or stuffy nose (congestion), sneezing, and postnasal drip.
- **Eye Irritation:** Itchy, watery, red, or swollen eyes.
- **Itching:** Itchy nose, mouth, ears, or throat.
- **Respiratory Issues:** Coughing, wheezing, and chest tightness.
- **General Discomfort:** Fatigue, headache, and sinus pressure.
- **Skin Reactions:** Hives or skin rashes.

**Some common spring blooms that might be causing these in CO are:**

- **Trees (Feb – May):** Cottonwood, aspen, juniper, elm, oak, maple, and pine are the most common culprits.
- **Grasses (May – Aug):** Kentucky bluegrass, Timothy, and ryegrass begin to rise as tree pollen fades.

**So don't worry you can take over the counter allergy medicine to help with these uncomfortable symptoms like Zyrtec. Or, just know they are normal and tough it out.**



## Danny Thomas

Sasha O'Malley  
(5<sup>th</sup> Grade)



**In honor of Arab-American history month, I would like to tell you about someone who has made a lot of changes to health care in the US. Amos Muzyad Yaqoob Kairouz (AY-mus Moo-ZY-ad Ya-KOOB Kah-ROOZ), also known as Danny Thomas, was an renowned Arab-American entertainer, television producer, philanthropist, and founder of the St. Jude Children's Research Hospital. He is important to American history because he revolutionized pediatric cancer care, regardless of what people could pay. He is important to Arab culture because he created a positive, enduring legacy.**



# Passover

## Ella Magner

### (5th Grade)



**What is Passover? Great question! Passover is a Jewish holiday that lasts about a week. For the first 2 days, it is traditional to have a Seder. At the Seder, people gathering typically read from the Haggadah, a book which details the Jewish people's journey to freedom from slavery in ancient Egypt. The Haggadah discusses the ten plagues, the story of Passover, the different foods, the 4 children, and the afikoman. The 10 plagues are: Blood, Lice, Crickets, Pestilence, Boils, Hail, Locusts, Darkness, and Slaying of the first born. The 4 children are: The Wise Child, The Wicked Child, The Simple Child, and The One Who Does Not Know How to Ask. The afikoman is when the adults or the leaders break the matzo in half and hide it for the kids to find later.**

**Matzo is unleavened bread. The reason why we eat matzo is because when the Jews left Egypt, the bread didn't have time to rise. The Jews left Egypt because there was a new pharaoh that didn't trust the Jews and thought they would take over Egypt, so he made the Jews slaves. The old pharaoh had one of the Jews as an assistant. One day the Jews were tired of being slaves, so they left. The bread didn't have time to rise so it was flat. Year round the calender isn't the normal one, it's the jewish calender.**



# Puzzles/ Games

## JJ Camacho

### (4<sup>th</sup> Grade)

# UNSCRAMBLE MY WORDS!

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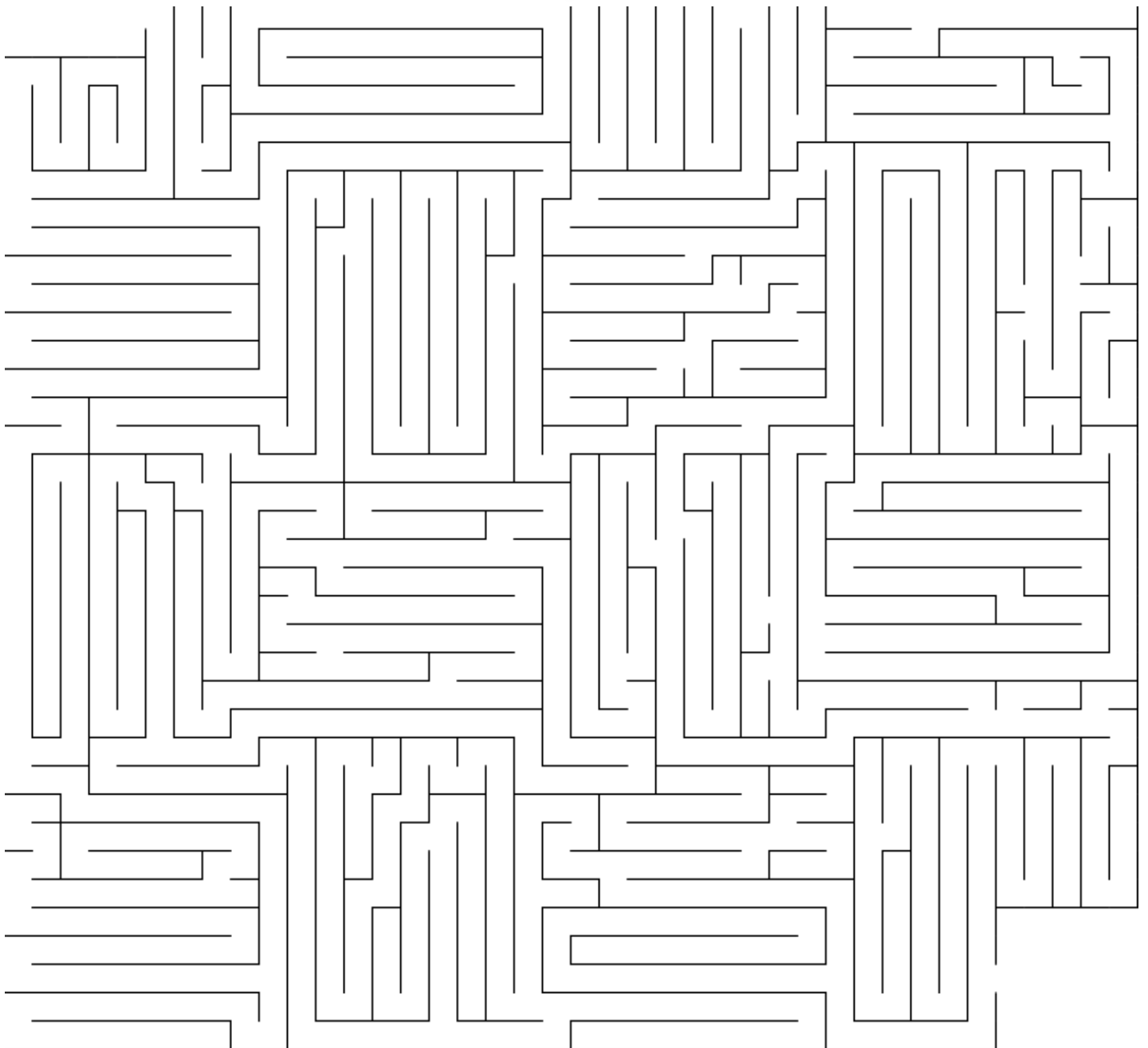
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# Puzzles/ Games

## JJ Camacho

### (4<sup>th</sup> Grade)

# ESCAPE MY MAZE



# Cars - Fast Cars

## Micah Rollins

### (4<sup>th</sup> Grade)

**Don't you ever wonder what is the fastest car? Well here are some examples of super fast cars:**



Koenigsegg Jesko Absolut is the fastest car in the world with a woping speed of 330+ mph max. The Koenigsegg Jesko Absolut is a high-performance "megacar" designed for unmatched straight-line speed, officially recognized as the fastest car Koenigsegg will ever make. Featuring a 1,600-hp twin-turbo V8, it aims to exceed 300 mph.



Bugatti Bolide is not just a car; it is a radical "experimental study" turned into a limited-production reality. Originally revealed as a concept in 2020, this track-only weapon represents the absolute pinnacle of internal combustion performance before Bugatti transitions into its new hybrid era.



The SP Automotive Chaos, designed by Spyros Panopoulos, is a Greek "ultracar" featuring a 4.0-liter V10 engine with up to 3,065 hp and extensive 3D-printed components. Priced up to \$14.4 million, the vehicle claims 0-62 mph in 1.55 seconds and top speeds exceeding 310 mph.



The Yangwang U9 Xtreme, a limited-edition electric hypercar from BYD, has become the world's fastest production car with a top speed of 308.4 mph (496.22 km/h) and a 0-62 mph time of 2.36 seconds. Utilizing a 1,200V e4 platform with nearly 3,000 hp, this 30-unit, track-focused vehicle also set a class record at the Nürburgring.



## Balarat JR Hurst (4<sup>th</sup> Grade)



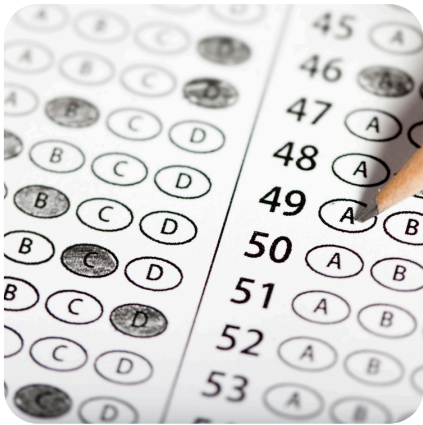
I interviewed my dad who has been in charge of Balarat for a long time. Here are some questions I asked him:

- Q: What at food do they serve?
- A: Our chef prepares delicious dinners, breakfast, and lunch.
- Q: What activities are there?
- A: map and compas, gold mining activities, Colorado history, cool hikes, and adventure activities.
- Q: Where do you sleep?
- A: there are big dorms where the boys sleep and girls on the other side.
- Q: How long is the ride?
- A: the ride is one and a half hours each way.
- Q: How many workers are there at balarat?
- A: Balarat has 13 staff and 3 bus drivers.



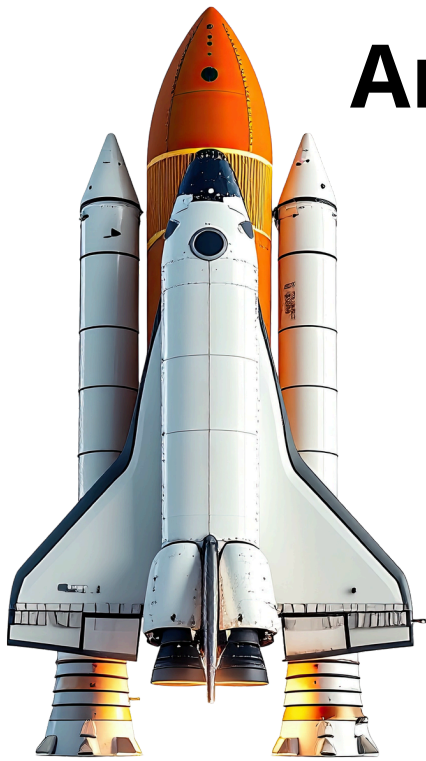
# CMAS Opinion Piece

**Davis Combs**  
**(4<sup>th</sup> Grade)**



**Have you ever thought that we have too many tests in the year? Do you think that CMAS is another test that we shouldn't have to take? Well, I agree with that. I think we shouldn't have CMAS because it's for the school and not really for the students to show their work. Maybe a little bit but not that much since we don't get to see what we got right or wrong in order to learn from our mistakes. Also I think many of the students in schools do not like CMAS because they either think it's frustrating or boring and I am one of those students. I think that if we have to do CMAS we should only have to take one test per subject area. Three is two too many. This is why I think all of the students who have to do CMAS should not have to do it for a good reason.**

**THANK YOU FOR READING!**



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# Artemis II Mission

## Benny Cardali

### (5<sup>th</sup> Grade)

HI Mrs.Kronen!

The Artemis 2 launch was the first spacecraft since the 1970s in history that has traveled to the back side of the moon. The spacecraft took approximately 10 days to complete the test flight to the moon and back to Earth. The Artemis 2 mission was technically a test flight because it was only going to fly to the back side of the moon but not land on the lunar surface. It launched on Apr 1, 2026 at 6:35 pm eastern time from NASA's Kennedy Space Center in Florida. It was the first spacecraft to travel 252,756 miles away from the earth. If you are a geek like me you might be wondering "But what about Apollo 13? Didn't they travel to the back side of the moon?" Yes, they did, but Artemis 2 went even further than Apollo 13. Apollo 13 traveled precisely 248,655 miles away from the Earth. The Artemis 2 mission splashed down in the Pacific Ocean off the coast of California at 5:07 p.m. on Friday, April 10, 2026. All of the crewmembers arrived safely and happy. The crew had to be airlifted off to the U.S. Navy recovery ship AKA the USS. Here are some links if you want to see the splash down, the launch, and the airlift. [Artemis 2 Splash down](#). [Airlifted to the USS](#). [Watch live: Artemis II launch](#). This incredible, history making mission set the path towards a future lunar landing.