

December 2025 K-12 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Tenders w/ Waffle Beef & Sweet Plantain Empanada Chicken Tenders Entrée Salad w/ Rounds Mini Corn Muffin (HS & MS only) Oven Roasted Potatoes	2 Chicken Sandwich on Pretzel Roll Beef Barbacoa w/ Rounds Taco Entrée Salad w/ Rounds Sunshine Carrots	3 Teriyaki Meatballs w/ Rice & Fritos Chicken & Cheese Enchilada Empanada Chicken Patty Entrée Salad w/ Rounds Cascade Vegetable Blend	4 Taco w/ Tortilla, Scoops Cheese & Bean Pupusa Taco Entrée Salad w/ Rounds Vegetarian Beans	5 Pizza, Stuffed Crust Tikka Masala w/Rice & Stacy's Pita Chips Salmon Entrée Salad w/ Rounds Green Beans
8	9 2hr early dismissal	10	11	12
Macaroni w/ Cheese & Garlic Knot Teriyaki Potstickers Chicken Tenders Entrée Salad w/ Rounds Cascade Vegetable Blend	Taco w/ Tortilla, Scoops Cheese & Bean Pupusa Taco Entrée Salad w/ Rounds Vegetarian Beans	Pizza Sticks Tikka Masala w/ Rice & Stacy's Pita Chips Chicken Patty Entrée Salad w/ Rounds Mini Corn Muffin (HS & MS only) Green Beans	Popcorn Chicken w/ Vegetable Fried Rice Beef Barbacoa w/ Rounds Taco Entrée Salad w/ Rounds Sunshine Carrots	Pizza, Garlic French Bread Chicken & Cheese Enchilada Empanada Salmon Entrée Salad w/ Rounds Corn
15 Chicken Tenders w/ Waffle Beef & Sweet Plantain Empanada Chicken Tenders Entrée Salad w/ Rounds Mini Corn Muffin (HS & MS only) Oven Roasted Potatoes	16 Korean BBQ Meatballs w/ Rice & Fritos Tikka Masala w/ Rice & Stacy's Pita Chips Taco Entrée Salad w/ Rounds Cascade Vegetable Blend	17 Rotini w/ Meat Sauce & Garlic Knot Cheese & Bean Pupusa Chicken Patty Entrée Salad w/ Rounds Sunshine Carrots	18 Taco w/ Tortilla, Scoops Chicken & Cheese Enchilada Empanada Taco Entrée Salad w/ Rounds Vegetarian Beans	19 Pizza, 4X6 Beef Barbacoa w/ Rounds Salmon Entrée Salad w/ Rounds Green Beans
22	23	24	25	26
School Closed	School Closed	School Closed	School Closed	School Closed
29	30	31		
School Closed	School Closed	School Closed		

Daily - Fresh Fruit Assorted, Hummus, Crudité Vegetables w Dip and Milk Assorted*

This institution is an Equal Opportunity Provider, Employer, and Lender.

Offer vs Serve. Students must take at least three food items. One item must be ½ cup serving of fruit or vegetable.

*Milk assorted – Offered Daily: Fat-Free Chocolate, Low-Fat White, & Lactose Free. Soy milk option is available for dairy-free, Vegan Students.

*All grains, breads, and tortillas are whole grain rich (WGR)

* Menu subject to change.

*Crudité Vegetables (I/W) Offered Daily: Broccoli Florets, Baby Carrots, Cauliflower, Celery with PC Ranch and/or Hummus (I/W).

*Fruit Assorted Offered Daily – Apple Slices, Applesauce, Banana, Mixed Fruit, Peaches, Pears, and/or Orange.

*Grab & Go Lunch Entrée –

Offered Monday, Wednesday, & Friday Cheese & Yogurt Combo with Breakfast Bread & ½ cup Fruit.

Offered Tuesday & Thursday – Sun butter & Jelly Sandwich WGR I/W, Fritos & Cheese Stick w/ ½ cup Fruit.

Cool Tropics: 12/3 Lunch – Rockin' Rio; 12/17 Lunch – Hula Cooler

